



Buckinghamshire County Council

Overview & Scrutiny Committee for Public Health Services 07 September 2007

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<p>6 REVIEW INTO THE MANAGEMENT OF EATING DISORDERS FOR 11-16 YEAR OLD CHILDREN IN BUCKINGHAMSHIRE</p> <p>In February 2007 a Task Group from the Public Health Overview and Scrutiny Committee published a review into the management of Eating Disorders for 11 to 16 year old children. The County Council Cabinet, the Children and Young Peoples Partnership Board, the Mental Health Trust and Primary Care Trust accepted all of the recommendations from the report. A Partnership Working Group was established to drive forward the key recommendations and this Group will report back to Committee on the progress achieved to date.</p> <p>Yvonne Taylor – Director of Child and Adolescent Mental Health Services (CAMHS) for Oxfordshire and Buckinghamshire Mental Health Partnership NHS Trust</p>	1 - 8

Overview and Scrutiny Committee for Public Health Services

Review into the Management of Care for 11-16 year olds with Eating Disorders in Buckinghamshire

Partnership Working Group Update

Background

Following the review into the management of Care for 11-16 year olds with eating disorders in Buckinghamshire, the Mental Health and Well being Strategy Group agreed to take the recommendations forward. The group is a multi agency group, comprised of commissioners and senior managers who provide tier 1-3, mental health and well being services. The group welcomed the report and found that scrutiny into this specific diagnosis group has been useful to examine both prevention support and patient care pathways. Whilst those identified with the illness in Buckinghamshire is small the illness can be seriously and potentially life threatening, and have a large impact on families.

The group developed an action plan and agreed to report on it's progress to the committee in September 2007. The action plan and actions completed to date are included in Appendix One, they include:-

Eating Disorders Workshop

An initial workshop was held in May with over 70, multi agency and multi disciplinary representatives of professionals working with young people with eating disorders, parents, carers, young people, and representatives of the private and third sector. It was a very informative day where eating disorders were explored from both a national and local perspective. There were also presentations from a consultant psychiatrist, a psychologist, a family therapist and a dietician.

The workshops explored pathways of care, support for professionals and young people, early identification, and treatment approaches.

The actions developed at the workshop were integrated into the strategy group action planning.

Education /General Practitioner Awareness Pack

A pack has been developed in partnership with Oxfordshire to provide schools with a comprehensive package of prevention and awareness raising, to enhance early

identification. The pack will be launched with Oxfordshire in November 2007. A further pack will be developed using this for General Practitioners.

Providing information about National services

The Young Bucks website has been informed of the contact details of the BEAT (beating eating disorders-formally The Eating Disorder Association) national helpline for parents, young people and friends, and their website. This information will also be placed on the Oxfordshire and Buckinghamshire Mental Health Trust and Buckinghamshire PCT websites as an access portal.

Current service Review

A current service review of eating disorder services has been undertaken in the Aylesbury and Wycombe clinic. The services were also audited against the 2004 Nice guidelines for this service. The Aylesbury audit indicated that 32 clients were referred with an eating disorder between 1st April 2004 and 31st March 2006. The High Wycombe audit indicated that Wycombe CAMHS received 20 referrals for eating disorders between April 2005 and March 2006.

An action plan has been developed by OBMHT, which will be overseen by the Strategy Group.

The CASS service has also been audited.

Work yet to be completed

1. A further workshop to be held to develop the care pathways across all partner agencies, to ensure early identification.
2. Mapping to be completed of all support for young people with eating disorders across all agencies, including the private and third sectors.
3. Guidelines to be developed for General Practitioners, based on the Education/schools pack.

In conclusion there has been a tremendous amount of input into the action plans; the group recognises that completion of some actions is required. The group is willing to report further progress in six months to the overview and scrutiny committee for public health services.

Appendix One

Action plan to address recommendation of O&SC review into
Management of care for 11-16 year olds with eating disorders

Recommendation	Action	Responsible Manager	RAG Report	Completion Date	Dialogue
Countywide workshop to include service providers, and users of the whole service. To both inform and determine gaps in provision and process for services for eating disorders.	Yvonne Taylor/Alfred Hanson/Strategy group	Yvonne Taylor	Green	May 07	Attended by over 70 multi agency professionals, parents, carers, young people and third sector.
Education and awareness and support for those at risk of eating disorders should be greatly increased	a. A comprehensive package of prevention and awareness raising is developed for use within schools.	Tier 2 and 3 clinicians/Yvonne Taylor/Oxfordshire	Amber	September 07	Educational /school's Pack developed with Oxfordshire, for launch in November 2007
	b. B. Eating disorders is specifically mentioned in the	Anne Rowland/ Maggie Beach	Green	April 07	Included in the Mental health promotion strategy

	<p>mental health promotion strategy, to ensure that the prevention material available is known to all.</p> <p>c. Ensure that the Eating Disorder Association Helpline, other national support help lines and prevention and awareness material, are available via the Young Bucks website.</p>	Alfred Hanson/Maggie Beach/Yvonne Taylor	Green	August 07	<p>Information on national helpline and website of BEAT (beating eating disorders-formally Eating Disorder Association) given for county council website.</p> <p>Information to be displayed as a portal link on BPCT and OBMHT websites.</p>
Early identification and intervention is crucial and steps should be taken to support this	a. Guidelines developed for all those working within an educational environment for the early identification of	OBMHT working Group/Yvonne Taylor	Amber	September 07	This is included in the educational/school's pack

	<p>the illness</p> <p>b. Guidelines for referral are distributed across all GP surgeries</p> <p>c. Care pathways with partner agencies are reviewed to ensure that all cases are identified early</p>	<p>Yvonne Taylor</p> <p>Strategy group</p>	<p>Red</p> <p>Red</p>	<p>September 07</p> <p>August 07</p>	<p>G.P. pack to be based on the education/schools pack</p> <p>Further workshop to be help to develop care pathways with all partner agencies</p>
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Clear and transparent routes to relevant services and support should be made available	a. Support identified across all agencies including the voluntary and charitable sector, to identify support available.	Martha Kingswood	Red	August 07	Further mapping to be completed
	b. Ensure increases in psychology are providing support for tier 1 services with eating disorders	Martha Kingswood	Green	April 07	This work has been incorporated into new job plans
	c. All parents in Buckinghamshire have equal access to parenting support and literature.	Martha Kingswood Anne Rowlands	Amber	May 07	A parents' support group has been established in Aylesbury, which provides support and literature. To be rolled out to Wycombe.
	d. Ensure that clear links for the development of services are made with the Participation Group.	Strategy group/Alfred Hanson Ed Mallam	Amber	April 07	Links have been established with the participation group and the Young People's Cabinet. Satisfaction survey across all Tier 3 teams developed.

Resources should be reviewed and targeted to areas of prevention awareness raising and early intervention to ensure cost effectiveness	a. Funding for a package of preventative and awareness raising work is investigated with the prevention strategy group.	Strategy group/prevention strategy group	Green	July 07	Educational and school pack developed, from within resources.
	b. CASS is audited and service reviewed to ensure service models meet needs appropriately.	Yvonne Taylor	Green	April 07	Completed,
	c. Ensure Highfield reprovion remains 'on track' with a further bed available for vulnerable young people to be managed separately	Yvonne Taylor	Green	March 07	Project group established to ensure the Highfield reprovion remains on track.

